

Perfectly Imperfect:

1. Is there someone in your life you think is "perfect?" Why?

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2. What feelings come up when you think about this person and their "perfection?"

3. How is your relationship with this person? How do you treat them?

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4. When thinking about this person, do you view yourself as "lower" or "less than?" Why?

5. How would it be different if you viewed the other person and yourself as "perfectly imperfect?"
