Wy Body is Wy Home.

1. How do I feel about the home I live in?

2. How do I treat that home? Do I keep it clean, treat it with respect?



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3. In what ways is my BODY like my HOME?

4. When I think about my body as a home how do I feel?



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5. What would I be thinking if I thought of my BODY as my HOME?

6. How would I treat my body if I thought of it as my HOME?

